

Gone Dancing Competition Team Rules and Guidelines 2016-17 Season

-Preparing a team for competition requires a commitment to extra classes and Rehearsal time. It is important that each dancer be 100% dedicated and work to the best of their ability.

- The purpose of the rules and guidelines is to develop a professional environment for the progression and development of each dancer. The actions of each dancer affect the team as a whole so it is important for each dancer to be fully committed and understand what is expected of them.

-The Holiday Performance and Competition Schedule will be announced in September. **PLEASE BLOCK OFF THE ENTIRE WEEKEND FOR COMPETITIONS.** We do not receive our routines schedule until 1 week prior to the competition dates.

Weekly Requirements-

Part Time Team-

These teams are designed for dancers ages 5 and up who want to be part of the competition experience but cannot commit to **All** of the requirements of the full time team or is not technically ready for intermediate choreography. (Just because you may not be technically ready this year does not mean that after another year of working hard in all of your classes that you will not be ready the following year!)

Must commit to 3 Regional Competitions. Conventions and Nationals are encouraged but not required.

****Any dancer interested in becoming a part of our competition team must spend a year in a non-competition class before being considered for a team. ****

Weekly class requirements: Ages 5 -10-

Must dance a minimum of 3 hours per week.

- 1 hour of Ballet
- 1 hour of Team Technique
- 1 hour of Team Choreography.

Weekly class requirements ages 11 and up-

Must dance a minimum of 3.5 hours per week.

- 1 hour of Ballet
- 1 hour of Team Technique
- 1.5 hours of Team Choreography.

Full Time Team-

These teams are designed for dancers 9 and up who are at a higher level of technique, have shown a desire to take their training to the next level and have committed themselves to dance.

Must commit to 3 Regional Competitions, all Conventions, Nationals is encouraged but Optional.

Weekly class requirements: Junior Full Time Small and Large Group Dancers and Full Time Senior Large Group Dancers

Must dance a **minimum** of 6 hours per week. (We strongly encourage more than 6.)

- 2 hours of Ballet

- 1 hour of Team Technique
- 1 hour of Team Choreography
- 2 hours of your choice

Skill requirements:

- Clean single pirouette with proper technique. (example- spotting , straight standing leg, proper foot placement, and on your highest releve.)
- Leg extension (either side)
- Right or left split (close to or already has)
- Right and left grand jete/developpe with proper technique.

Weekly Class Requirements : Senior Full Time Small Group Dancers

Must dance a **minimum** of 8 hours per week. (We strongly encourage more than 8)

- 3 hours of Ballet
- 1 hour of Team Technique
- 1.5 hours of Team Choreography
- 1 hour of Acro
- 1.5 hours of your choice.

Skill Requirements:

- Clean double ballet pirouette on both sides with proper technique
- Clean double and triple Jazz pirouettes with proper technique.
- Right/Left or both extensions.
- Right/Left split
- Right and left grand jete/developpe with proper technique.
- Right or left illusion.

**Taking classes 5 or 8 hours per week does not guarantee a spot on the Junior or Senior Full Time Team. **

-Solo, duet and trio requirements-

-Each dancer competing in a solo, duet or trio are also required to take a weekly Ballet Technique class starting in September. Come December they will take a weekly private or semi-private lesson to begin the choreography of their routine. The private and semi-private lesson schedule will be given out in November, lessons are scheduled for Friday afternoons or Saturday Mornings/afternoons. Once the schedule is determined it cannot be changed and/or rescheduled.

-Private and Semi-private weekly lesson fees are the same as our regular tuition fees. It is a yearly fee from December-June that is broken down into monthly payments for your convenience. There are no refunds or deductions for missed or cancelled lessons. There are no private or semi-private lessons on competition weekends.

Solo, duet, and trio style, song and costume will be chosen by the choreographer..

Solo, duet or trio practices do not count in your weekly hourly requirements.

Absences:

Each teams success is dependent on each dancers 100% participation and commitment. Consistently being absent, showing up late, or leaving class early will result in dismissal from the team. All of your registered classes, competitive and non-competitive, are important. The only way to truly progress and improve as a dancer is to be present.

Competition Entry Fees-

-Each Competition charges an entry fee per student per routine. The costs vary, but usually range between \$30 and \$45.00 per dancer per group routine. Solos duets and trios are priced higher, between \$50- \$100 per entry.

- If you know that your dancer will not be able to compete in one of the scheduled competitions we must know two months ahead of time or else you will still be responsible for their competition fees.

Competition is a year round commitment. Competitive Dance is a sport. Just like any athlete staying active in your sport is critical to maintaining technique and minimizing injury. Summer classes, yearly choreography and technique classes are MANDATORY. Please leave the two Fridays before competitions open, we may hold mandatory extra practices if needed. We will announce any extra practices two weeks prior. Your dancer will be required to attend these practices in order to compete. NO EXCEPTIONS.

Team Placement will be held in August. All dancers must try out, NO EXCEPTIONS!! Your dancers progression and growth are important to us. If you have any questions or would like to set up a meeting, don't hesitate to ask. Please remember that no matter which team you are placed on that we are all dancing for the same team, Gone Dancing! Supporting and encouraging each other will be our teams biggest success!

I have read the rules and guidelines and agree to the terms and conditions for being on the Gone Dancing Competition Team. I understand that being on this team requires certain mandatory days and times and I will abide by those obligations to the best of my ability.

Students Signature : _____

Parent Signature: _____

Date: _____