

Gone Dancing Competition Team Rules and Guidelines 2021-22 Season

-Preparing a team for competition requires a commitment to extra classes and Rehearsal time. It is important that each dancer be 100% dedicated and work to the best of their ability.

- The purpose of the rules and guidelines is to develop a professional environment for the progression and development of each dancer. The actions of each dancer affect the team as a whole so it is important for each dancer to be fully committed and understand what is expected of them.

-The Holiday Performance and Competition Schedule will be announced in late July. PLEASE BLOCK OFF THE ENTIRE WEEKEND FOR COMPETITIONS. We do not receive our routines schedule until 1 week prior to the competition.

Weekly Requirements-

1. Part Time Teams-

These teams are designed for dancers ages 5 and up who want to be part of the competition experience but cannot commit to **All** of the requirements of the full time team. These teams are perfect for dancers that are new to competition or have other after school commitments that would keep them from fulfilling the Full Time hours.

Must commit to 3 Regional Competitions. Conventions and Nationals are encouraged but not required.

Weekly class requirements: Ages 5 and up

Must dance a minimum of 3 hours per week.

- 1 hour of Ballet (Ballet combo class for ages 5-8)

- 1 hour of Team Technique

- 1 hour of Team Choreography.

Skill requirements-(requirements will be adjusted for each age group)

-Clean single pirouette with proper technique. (example- spotting, straight standing leg, proper foot placement and on your highest relieve.)

-Working on right/left splits.

-Ability to pick up choreography in class and remain focused.

-A LOVE for dance and desire to improve your technique and performance skills.

Each Part Time Team will be entered in two routines at each competition.

New This Season

Hip-Hop/Jazz Funk Crew- Geared towards those dancers focused on Hip-Hop and new to the competition world. (Ages 9 and up)

-Weekly Class Requirement

Must dance a minimum of 2 hours per week.

- 1 hour of Hip-Hop Technique/Choreo

- 1 hour of Jazz Funk Technique/Choreo

The Hip-Hop Crew will be entered in two routines at each competition.

2. Full Time Teams (Ages 8 and up)

These teams are designed for dancers 8 and up who are at a higher level of technique, have shown a desire to take their training to the next level and have committed themselves to dance.

Must commit to 3 Regional Competitions and Conventions. Nationals is encouraged but Optional.

Weekly class requirements:

Must dance a **minimum** of 6 hours per week. (We strongly encourage more than 6.)

- 2 hours of Ballet
- 1 hour of Team Technique
- 1 hour of Team Choreography
- 2 hours of your choice

Skill requirements:

- Clean double pirouette (but close to or working on a triple) with proper technique. (example- spotting , straight standing leg, proper foot placement, and on your highest releve.)
- Right or left split (close to or already has)
- Right and left grand jete/developpe with proper technique.

Each Full Time Team will be entered in two routines at competition.

Specialty Routines : For Full Time Dancers only except Production

Weekly Specialty choreo classes are not included in unlimited tuition and cost \$25 each per month

Out of studio choreographers will start and finish the routines in August. Routines will be cleaned and perfected during the school year.

- Jazz Funk *New This Year*
- Lyrical
- Musical Theater
- Tap
- Production *It's Back!!* Open to Part Time and Full Time dancers. **Strongly encouraged for every dancer**

Specialty choreo classes are not included in your 6 hour weekly class requirements

-Solo, duet and trio time requirements-

-Solo, duet/trio choreography will begin in August. We hope to get in one late Fall Competition for all solos, duets and trios to start off the season.

-Private and Semi-private weekly lesson fees are the same as our regular tuition fees. It is a yearly fee from September-June that is broken down into monthly payments for your convenience. There are no refunds or deductions for missed or cancelled lessons. There are no private or semi-private lessons on competition weekends. If your dancer would like a solo, duet or trio please contact Carrie or Caitlin.

****Solo, duet, and trio style, song and costume will be chosen by the choreographer**..**

****Solo, duet or trio practices do not count in your weekly hourly requirements**.**

Absences:

Each teams success is dependent on each dancers 100% participation and commitment. Consistently being absent, showing up late, or leaving class early will result in dismissal from the team. All of your registered classes, competitive and non-competitive, are important. The only way to truly progress and improve as a dancer is to be present, mentally and physically.

Competition Entry Fees-

- Each Competition charges an entry fee per student per routine. The costs vary, but usually range between \$45 and \$60 per dancer per group routine. Solos duets and trios are priced higher, between \$60- \$115 per entry.
- If you know that your dancer will not be able to compete in one of the scheduled competitions we must know two months ahead of time or else you will still be responsible for their competition fees.

Competition is a year round commitment. Competitive Dance is a sport. Just like any athlete staying active in your sport is critical to maintaining technique and minimizing injury. Summer classes/choreography, yearly choreography and technique classes are MANDATORY. Please leave the two Fridays before competitions open, we may hold mandatory extra practices if needed. We will announce any extra practices two weeks prior. Your dancer will be required to attend these practices in order to compete.

Team Placement will be held on June 16th in the evening . All dancers must attend. Your dancers progress and growth are important to us. If you have any questions or would like to set up a meeting, don't hesitate to ask.

Please remember that no matter which team you are placed on that we are all dancing for the same team, Gone Dancing! Supporting and encouraging each other will be our teams biggest success!

I have read the rules and guidelines and agree to the terms and conditions for being on the Gone Dancing Competition Team. I understand that being on this team requires certain mandatory days and times and I will abide by those obligations to the best of my ability.

Students Signature : _____

Parent Signature: _____

